

Patient: CHAJI, HOUDA
Treatment Facility: WEED ACH
Patient Status: Outpatient

Date: 01 Dec 2010 1400 PST
Clinic: SOCIAL WORK WACH

Appt Type: EST
Provider: EASON,DEBORAH L

Reason for Appointment: f/u
Appointment Comments:
22nov aet

AutoCites Refreshed by EASON,DEBORAH @ 01 Dec 2010 1518 PST

Problems

Chronic:

- Visit for: screening for pulmonary tuberculosis
- Post-traumatic stress disorder
- Visit for: administrative purposes
- Visit for: screening exam
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Acute:

- Vaccine needed prophylactically against combinations of diseases

Allergies

- No Known Allergies

Vitals

Vitals Written by EASON,DEBORAH @ 01 Dec 2010 1555 PST

Tobacco Use: No, Alcohol Use: No, Pain Scale: 0 Pain Free

SO Note Written by EASON,DEBORAH L @ 03 Dec 2010 1657 PST

Chief complaint

The Chief Complaint is: Depression and anxiety.

Reason for Visit

Visit for: 30 yo female family member presented to the Behavioral Health Clinic for individual counseling following sexual assault. Referred by:

[X] Other: Sexual Assault Coordinator.

History of present illness

The Patient is a 30 year old female. Source of patient information was patient. Reliability of source of patient information was good.

Feeling overweight.

Feeling nervous and anxiety.

Personal history

Social history reviewed.

Personal history: Chronic emotional stress.

Behavioral history: No tobacco use.

Alcohol: No consumption of alcohol.

Home environment: Difficulty reading English - Patient reports she left some areas blank on the Behavioral Health Intake Form because she didn't understand some of the questions (please see assessment attached as note) and the native language is Arabic.

Financial status: Financial status is secure.

Marital: Currently married 10 years with daughter and son.

Functional status: Lack of social support from friends.

Subjective

Completed by patient:

Consent to Treatment: [X] YES

Limits of Confidentiality: [X] YES

Privacy Act: [X] YES.

Review of systems

Psychological symptoms: No racing thoughts.

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE
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FIRMR (41 CFR) 201-45.505

Physical findings

Vital signs:

• Pain level (0-10) 0.

General appearance:

° Normal. ° Awake. ° Alert. ° Oriented to time, place, and person.

Neurological:

• Memory was impaired. ° Level of consciousness was normal. ° No decrease in concentrating ability was observed.
° Cognitive functioning was normal. ° No confusion was observed. ° No delirium was noted. ° No disorientation was observed.

Speech: ° Normal.

Psychiatric Exam:

Appearance: ° Normal. ° Clothing was appropriate. ° Grooming was normal.

Demonstrated Behavior: ° No decreased eye-to-eye contact was observed.

Attitude: ° Showed no inability to engage. ° Not guarded. ° Cooperative. ° Not uncommunicative.

Mood: ° Euthymic.

Affect: ° Congruent with the mood.

Thought Processes: • Racing thoughts were demonstrated. ° Not impaired.

Thought Content: ° Revealed no impairment. ° No obsessions. ° No paranoid ideations. ° No delusions. ° No suicidal tendency. ° No suicidal ideation. ° No suicidal plans. ° No suicidal intent. ° No homicidal tendencies. ° No homicidal ideations. ° No homicidal plans. ° No homicidal intent.

Spiritual assessment:

• Faith provides strength and comfort Patient reports her "best friend is God."

Objective

30 y/o family member presented to the Behavioral Health Clinic for follow up counseling session. Patient currently in a euthymic mood, alert and oriented x3, groomed appropriately and dressed neatly in civilian clothing. Patient reports feelings of anxiety, emptiness and marital discord due to alleged rape by service member. Patient reports "good and bad news" during this session. Per patient, good news is lab reports came back binding alleged subject to rape. Patient reports the court date for her rape case was scheduled for 1 Dec 2010 @ 0900 but was delayed at defense request. Patient states a protective order was issued prohibiting alleged perpetrator from being within 500 ft of herself, her spouse and her children. Protective order is presently in place until 31 Dec 2011. During assessment patient exhibited racing thoughts and memory lost; additionally, patient reports difficulty engaging in sexual relations with her husband due to rape. Patient reports, "I scream please don't rape me." Patient states her husband has been supportive. Patient reports members of her husband's unit have stated she was having an affair with the alleged perpetrator. Patient reports her husband voiced he does not believe rumors and he believes she remains faithful. In addition to husband, patient states she receives support and guidance from family members. Patient reports she is very close to her mother who resides in Morocco. Additionally, Patient reports she has 12 siblings who reside all over the world to include two siblings who live in Georgia. Patient states she remains close to her brothers and sisters. Presently, patient continues to be an outcast among the spouses of Soldiers in her husband's unit. Patient reports all of her friends "turned their backs" when she was raped. Patient is presently optimistic about the future as she looks forward to finishing school (dental tech) in May 2011 and applying for her dental tech license. Patient reports her goal is to eventually enter the Army as a dental tech. Patient presently denies SI, HI or self-harm and is scheduled to follow up with this provider on 7 December 2010 @ 1100 for continued counseling. Current treatment plan entails:

1. Increase patients understanding of depression/anxiety through patient education
2. Decrease symptoms of depression via CBT and supportive counseling
3. Improve mood, sleep and energy with relaxation techniques
4. Increase awareness of coping skills through patient education
5. Increase self confidence utilizing CBT.

A/P Written by EASON,DEBORAH @ 03 Dec 2010 1521 PST

1. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Social Work Individual Outpatient Counseling 45-50 Minutes x 1

Disposition Written by EASON,DEBORAH @ 03 Dec 2010 1639 PST

Released w/o Limitations

Follow up: with PCM and/or in the MENTAL HEALTH WACH clinic. - Comments: Currently, 30 yo female family member denies SI/HI and self-harm. Provider verbally contracted with patient to visit BH, report to the ED or contact 911 if she feels she will harm herself or others. Patient acknowledged agreement and understanding of the above contract for safety. Patient scheduled for follow up BH appt. on 7 December 2010 @ 1100.

Suicide Risk Assessment Scale (SAD PERSONS SCALE)

S - Sex: 0

A - Age: 0

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
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- D - Depression: 1
- P - Previous attempt: 0
- E - Ethanol abuse: 0
- R - Rational thinking loss: 0
- S - Social Supports Lacking: 0
- O - Organized Plan: 0
- N - No Spouse: 0
- S - Sickness: 0

Total: 1

The presence of each risk factor is assigned a point of 1. Higher scores indicate greater patient suicide risk.

- 0-1 Minimal Risk
- 2-3 Low Risk
- 4-5 Moderate Risk
- 6-7 High Risk
- 8-11 Imminent Risk

Overall Risk of Self-Harm (or harm to others): MIN risk at this time.

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding.

Signed By EASON, DEBORAH (LCSW, BCD, Womack Army Medical Center, Department of Social Work) @ 03 Dec 2010 1704

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FIRMR (41 CFR) 201-45.505

Patient: CHAJI, HOUDA
 Treatment Facility: WEED ACH
 Patient Status: Outpatient

Date: 22 Nov 2010 0830 PST
 Clinic: SOCIAL WORK WACH

Appt Type: SPEC
 Provider: EASON,DEBORAH L

Reason for Appointment: intake per MAJ Johnson
 Appointment Comments:
 18nov aet

AutoCites Refreshed by EASON,DEBORAH @ 22 Nov 2010 1222 PST

Problems

Chronic:

- Visit for: screening for pulmonary tuberculosis
- Post-traumatic stress disorder
- Visit for: administrative purposes
- Visit for: screening exam
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Acute:

- Vaccine needed prophylactically against combinations of diseases

Allergies

- No Known Allergies

SO Note Written by EASON,DEBORAH L @ 24 Nov 2010 1519 PST

Chief complaint

The Chief Complaint is: Depression and anxiety.

Reason for Visit

Visit for: 30 yo female family member presented to the Behavioral Health Clinic for continued counseling following sexual assault. Referred by:

[X] Other: Sexual Assault Coordinator.

History of present illness

The Patient is a 30 year old female. Source of patient information was patient. Reliability of source of patient information was good.

Feeling overweight.

Feeling nervous, anxiety, loneliness, and depression.

Personal history

Social history reviewed.

Personal history: Chronic emotional stress.

Home environment: Difficulty reading English - Patient reports she left some areas blank on the Behavioral Health Intake Form because she didn't understand some of the questions (please see assessment attached as note) and the native language is Arabic.

Marital: Currently married.

Functional status: Lack of social support from friends.

Subjective

Completed by patient:

Consent to Treatment: [X] YES

Limits of Confidentiality: [X] YES

Privacy Act: [X] YES.

Review of systems

Psychological symptoms: No racing thoughts.

Physical findings

Vital signs:

- Pain level (0-10) 0.

General appearance:

° Alert. ° Oriented to time, place, and person.

Neurological:

° Level of consciousness was normal. ° No decrease in concentrating ability was observed. ° Cognitive functioning was

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 FIRMR (41 CFR) 201-45.505

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Facility: Weed ACH Fort Irwin, CA

Clinic: Social Work Weed ACH

Provider: EASON, DEBORAH L

normal. ° No confusion was observed. ° No delirium was noted. ° No disorientation was observed. ° Memory was unimpaired.

Speech: ° Normal.

Psychiatric Exam:

Appearance: ° Tired. ° Clothing was appropriate. ° Grooming was normal.

Demonstrated Behavior: ° No decreased eye-to-eye contact was observed.

Attitude: ° Showed no inability to engage. ° Not guarded. ° Cooperative. ° Not uncommunicative.

Mood: ° Depressed.

Affect: ° Tearful.

Thought Processes: ° Not impaired. ° Rate of thought was normal.

Thought Content: ° Revealed no impairment. ° No obsessions. ° No paranoid ideations. ° No delusions. ° No suicidal tendency. ° No suicidal ideation. ° No suicidal plans. ° No suicidal intent. ° No homicidal tendencies. ° No homicidal ideations. ° No homicidal plans. ° No homicidal intent.

Objective

30 y/o family member presented to the Behavioral Health Clinic for follow up counseling session. Patient currently in a depressed mood, alert and oriented x3, groomed appropriately and dressed neatly in civilian clothing. Patient reports feelings of depression, anxiety and marital discord due to alleged rape by service member. Patient tearfully states she is presently feeling "empty inside" and reports she blames herself for the rape. Patient reports she no longer has a support system on post and no one to turn to for friendship. Patient states all of her friends "have turned their backs on me." Patient presently denies SI, HI or self-harm citing the love for her children keeps her from harming herself. Patient to follow up with provider on 1 December 2010 @ 1400 for continued supportive counseling. Current treatment plan entails:

1. Increase patients understanding of depression/anxiety through patient education
2. Decrease symptoms of depression via CBT and supportive counseling
3. Improve mood, sleep and energy with relaxation techniques
4. Increase awareness of coping skills through patient education
5. Increase self confidence utilizing CBT

Facility: Weed ACH Fort Irwin, CA

Provider: EASON, DEBORAH L

A/P Written by EASON, DEBORAH @ 23 Nov 2010 1603 PST**1. Post-traumatic stress disorder**

Procedure(s): -Social Work Individual Outpatient Counseling 45-50 Minutes x 1
-Psychiatric Evaluation Review of Records and Reports x 1

Disposition Written by EASON, DEBORAH @ 24 Nov 2010 1521 PST**Released w/o Limitations**

Follow up: with PCM and/or in the MENTAL HEALTH WACH clinic. - Comments: Currently, 30 yo female family member denies SI/HI and self-harm. Provider verbally contracted with patient to visit BH, report to the ED or contact 911 if she feels she will harm herself or others.

Patient acknowledged agreement and understanding of the above contract for safety. Patient scheduled for follow up BH appt. on 1 December 2010 @ 1400.

Suicide Risk Assessment Scale (SAD PERSONS SCALE)

S - Sex: 0

A - Age: 0

D - Depression: 1

P - Previous attempt: 0

E - Ethanol abuse: 0

R - Rational thinking loss: 0

S - Social Supports Lacking: 1

O - Organized Plan: 0

N - No Spouse: 0

S - Sickness: 0

Total: 2

The presence of each risk factor is assigned a point of 1. Higher scores indicate greater patient suicide risk.

0-1 Minimal Risk

2-3 Low Risk

4-5 Moderate Risk

6-7 High Risk

8-11 Imminent Risk

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
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Provider: EASON, DEBORAH L

Overall Risk of Self-Harm (or harm to others): LOW risk at this time.

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding.

Note Written by EASON,DEBORAH @ 24 Nov 2010 1508 PST

WEED ARMY COMMUNITY HOSPITAL
DEPARTMENT OF MENTAL HEALTH, FORT IRWIN, CA 92310
PATIENT INFORMATION, PSYCHOSOCIAL HISTORY INTAKE

1 In the following pages we have provided a series of personal and administrative questions that are intended to clarify and delineate the purpose of your initial visit and to provide timely, complete and quality mental health evaluation. You are not restricted to answering only those questions... 2 Your questions, like your record of treatment received at the Community Mental Health Services, is kept in our files, separate from your health record. Your responses are protected under the provisions of the Privacy Act.

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Name/SSN: CHAJI, HOUDA Sex: F Sponsor/SSN: BELKHATIR, KHALID/
FMP/SSN: Tel H: Rank: SPECIALIST
DOB: 08 Apr 1980 Tel W: Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD CS: Outpt Rec. Rm:
MC Status: Status: PCM: ROBERTS,MICAH J
Insurance: No Tel. PCM:

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Facility: Weed ACH Fort Irwin, CA

Clinic: Social Work Weed ACH

Provider: EASON, DEBORAH L

WHICH OF THE FOLLOWING SYMPTOMS ARE YOU CURRENTLY EXPERIENCING?
(check all that apply)

SYMPTOM	How long ago did this start?	SYMPTOM	How long ago did this start?
<input type="checkbox"/> DEPRESSION		<input checked="" type="checkbox"/> SLEEPING PROBLEMS	
<input type="checkbox"/> SUICIDAL THOUGHTS		<input checked="" type="checkbox"/> MEMORY PROBLEMS	
<input type="checkbox"/> SOMATOFORM DISORDER		<input checked="" type="checkbox"/> SEXUAL PROBLEMS	
<input type="checkbox"/> HALLUCINATIONS		<input type="checkbox"/> FATIGUE	
<input type="checkbox"/> APPETITE LOSS/GAIN		<input type="checkbox"/> FEELING OVERWIGHT	
<input type="checkbox"/> PAINTING SPELLS		<input type="checkbox"/> CONFUSED/DIRTY ORIENTED	
<input type="checkbox"/> PROBLEMS CONCENTRATING		<input type="checkbox"/> HYPERACTIVE/NERVOUS	
<input type="checkbox"/> ANXIETY		<input type="checkbox"/> MIGRAINES	
<input type="checkbox"/> MOOD DISTURBANCE		<input type="checkbox"/> NIGHTMARES	
<input checked="" type="checkbox"/> OTHER			

ARE YOU IN ANY PAIN AT THIS TIME? YES/ NO If YES, rate on scale: 1 2 3 4 5 6 7 8 9 10

PATIENT'S IDENTIFICATION (For typed or written entries for Name - last, first, middle, grade)

Chaji, Houda
30/4944

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
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Clinic: Social Work Weed ACH

Provider: EASON, DEBORAH L

PRIVACY ACT STATEMENT - HEALTH CARE RECORDS

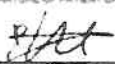
THIS INFORMATION IS UNCLASSIFIED EXCEPT WHERE SHOWN OTHERWISE

1. AUTHORITY FOR COLLECTION OF INFORMATION INCLUDING SOCIAL SECURITY NUMBER (SSN)
 Sections 133, 1011, 87, 5012, 5011 and 9017, title 10, United States Code and Executive Order 9397

2. PRINCIPAL PURPOSES FOR WHICH INFORMATION IS INTENDED TO BE USED
 This form provides you the notice required by The Privacy Act of 1974. The personal information will facilitate and document your health care. The Social Security Number (SSN) of member or sponsor is required to identify and retrieve health care records.

3. ROUTINE USES
 The primary use of this information is to provide, plan and coordinate health care. As per to enactment of the Privacy Act, other possible uses are to: Aid in preventive health and communicable disease control programs and report medical conditions required by law in federal, state and local agencies; compile statistical data; conduct research; teach; determine suitability of persons for service or assignments; adjudicate claims and determine benefits; other lawful purposes, including law enforcement and litigation; conduct authorized investigations; evaluate care rendered; determine professional certification and hospital accreditation; provide physical qualifications of patients to agencies of federal, state, or local government upon request in the pursuit of their official duties.

4. WHETHER DISCLOSURE IS MANDATORY OR VOLUNTARY AND EFFECT ON INDIVIDUAL OF NOT PROVIDING INFORMATION
 In the case of military personnel, the requested information is mandatory because of the need to document all active duty medical incidents in view of future rights and benefits. In the case of all other personnel/beneficiaries, the requested information is voluntary. If the requested information is not furnished, comprehensive health care may not be possible, but CARE WILL NOT BE DENIED.
 This all inclusive Privacy Act Statement will apply to all requests for personal information made by health care treatment personnel or for medical/dental treatment purposes and will become a permanent part of your health care record.
 Your signature merely acknowledges that you have been advised of the foregoing. If requested, a copy of this form will be furnished to you.

<small>SIGNATURE OF PATIENT OR SPONSOR</small> 	<small>SSN OF MEMBER OR SPONSOR</small>	<small>DATE</small> 11-22-2010
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DD FORM 2006, FEB 1976 PREVIOUS EDITIONS IS OBSOLETE GPO FC 11-55

Note Written by EASON, DEBORAH @ 24 Nov 2010 1510 PST

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FMP/SSN:	Tel H:	Rank: SPECIALIST	
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Clinic: Social Work Weed ACH

Provider: EASON, DEBORAH L

LIMITS OF CONFIDENTIALITY & INFORMED CONSENT TO TREATMENT INFORMATION

Everyone working within the Department of Mental Health wants to protect the privacy and sensitivity of the information disclosed by patients. With the advent of the electronic medical record, Composite Health Care System II (AH/TA), the Department of Mental Health will be entering all medical, psychiatric, and psychological information into your electronic medical record. We will continue to exercise the same respect for privacy when documenting your care in AH/TA. Under the conditions set forward by HIPAA and the Privacy Act, all members of the DOD health team who are involved in providing you or your family members care will have access to the Mental Health Record.

Providers with varying backgrounds conduct services within the Department of Mental Health. Your service provider should identify his or her professional status and clarify with you the nature of this status, the individual providing supervision, and discuss any concerns you may have regarding your care.

If this is a telemedicine session, case information, video and audio information may be transmitted via the internet and/or phone lines. Documentation of these sessions will also occur via AH/TA. Telemedicine records are maintained at the site of the provider in accordance with procedures in place at that site. You may gain access to your records through contact with the provider, Patient Administration, or in accordance with the Freedom of Information Act. You may speak with the provider who scheduled you for this session to identify alternatives to a telemedicine session.

Besides utilization of information for medical care, in most cases when patient information needs to be disclosed, the patient's permission is obtained before disclosure (parents provide permission for children who are under the age of 18). There are, however, circumstances when disclosure can occur without the patient's prior consent. These include disclosure as permitted by the Federal Privacy Act, by law by regulation, by judicial proceedings, by Medical Quality Assurance review and by standards of ethical professional practice. The following are typical, but not exhaustive examples of situations and circumstances under which information may be disclosed without prior consent:

1. If in good faith a provider believes you (or your child) intend to harm yourself or someone else, it may be the duty of the provider to disclose that information for protection of the endangered person(s).
2. In situations of suspected child, spouse, or elder abuse, it is the duty of the provider to notify medical, legal, or other authorities.
3. If you are currently involved in legal action/proceedings or in the future may be involved in such action proceedings, your (or your child's) records may be subject to subpoena or lawful directive from a court. Under the Uniform Code of Military Justice, "psychotherapist-patient privilege" is recognized, but there are exceptions.
4. Commanders of active duty personnel may be allowed access to certain information if authorized by regulation. Examples of such instances include: if your consultation to the Department of Mental Health was initiated by a Command-Directed Referral, if information obtained is legitimately needed in the conduct of a line of duty investigation, if a Service Member falls under the Nuclear Safety Program or Personnel Reliability Program (PRP), or for personnel on Flight Status.
5. Active duty personnel who are identified as having a substance problem (drug or alcohol abuse, under age drinking, or other substances of abuse) will be referred to the Army Substance Abuse Program (ASAP). This will result in notification of your commander by the ASAP of the medical referral.
6. Qualified persons may be permitted access to your record as part of professional quality assurance review procedures. Any information disclosed by the reviewer conceals the identity of the patient.
7. Parents may have access to information contained in their child's record, without the child's consent, until the child had reached the age of 18. In the case of divorce, the custodial parent must provide consent for treatment of the child. In cases of joint custody, both parents may have access to the child's treatment records.
8. Because we practice a team approach to promote the best care possible, your case may be discussed in case supervision, case conference or other departmental training sessions.

Initial: CA

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Date: 11-22-2010

Name/SSN: CHAJI, HOUDA
 FMP/SSN:
 DOB: 08 Apr 1980
 PCat: A41 USA FAM MBR AD
 MC Status:
 Insurance: No

Sex: F
 Tel H:
 Tel W:
 CS:
 Status:

Sponsor/SSN: BELKHATIR, KHALID/I
 Rank: SPECIALIST
 Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
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Facility: Weed ACH Fort Irwin, CA

Clinic: Social Work Weed ACH

Provider: EASON, DEBORAH L

MEDICAL RECORD-SUPPLEMENTAL MEDICAL DATA
(For use of the form 600 AF 60-01, the expiration agency is the Office of The Surgeon General)

REPORT TYPE PATIENT/FAMILY TEACHING FORM (OUTPATIENT)	OTSG APPROVED (Date) (YYYYMMDD)														
<small>For Patient or Family Member</small>															
We would appreciate your help in answering the following questions. They will assist us in developing the best care for you and your family members. Please write the answers that apply to you. For your health care provider to use if you need any additional health teaching. Thank you.															
PATIENT															
1. What is the reason you are here today? (Circle one or more)															
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51. Which of the following best describes your ability to read?															
<table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><input type="checkbox"/> I can read easily</td> <td style="text-align: center;"><input type="checkbox"/> I have trouble understanding what I read</td> <td style="text-align: center;"><input type="checkbox"/> I cannot read</td> </tr> </table>		<input type="checkbox"/> I can read easily	<input type="checkbox"/> I have trouble understanding what I read	<input type="checkbox"/> I cannot read											
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52. How many times have you been hospitalized in the last year?															
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53. Which of the following best describes your ability to write?															
<table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><input type="checkbox"/> I can write easily</td> <td style="text-align: center;"><input type="checkbox"/> I have trouble understanding what I write</td> <td style="text-align: center;"><input type="checkbox"/> I cannot write</td> </tr> </table>		<input type="checkbox"/> I can write easily	<input type="checkbox"/> I have trouble understanding what I write	<input type="checkbox"/> I cannot write											
<input type="checkbox"/> I can write easily	<input type="checkbox"/> I have trouble understanding what I write	<input type="checkbox"/> I cannot write													
54. How many times have you been hospitalized in the last year?															
<table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><input type="checkbox"/> None</td> <td style="text-align: center;"><input type="checkbox"/> 1</td> <td style="text-align: center;"><input type="checkbox"/> 2</td> <td style="text-align: center;"><input type="checkbox"/> 3</td> <td style="text-align: center;"><input type="checkbox"/> 4</td> <td style="text-align: center;"><input type="checkbox"/> 5</td> <td style="text-align: center;"><input type="checkbox"/> 6</td> <td style="text-align: center;"><input type="checkbox"/> 7</td> <td style="text-align: center;"><input type="checkbox"/> 8</td> <td style="text-align: center;"><input type="checkbox"/> 9</td> <td style="text-align: center;"></td></tr></table>		<input type="checkbox"/> None	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7	<input type="checkbox"/> 8	<input type="checkbox"/> 9				
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Patient: **HAJI, HOUDA**
Treatment Facility: **COMMUNITY MENTAL HEALTH SERVICE FT. IRWIN**
Patient Status: **Outpatient**

Date: **18 Nov 2010 0900 PST**
Clinic: **PSYCHIATRY WACH**

Appt Type: **EST**
Provider: **JOHNSON,DAVID E**

Reason for Appointment: F/U
Appointment Comments:
REN 2NOV10

A/P Written by JOHNSON,DAVID E @ 18 Nov 2010 0952 PST

I. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Psychiat Therapy Indiv Appr 20-30 Min W/ Med Eval Managemt x 1

Disposition Written by JOHNSON,DAVID E @ 18 Nov 2010 0952 PST

Released w/o Limitations

Note Written by JOHNSON,DAVID E @ 18 Nov 2010 0952 PST

Weed MEDDAC Behavioral Health Department Followup

The patient's identity was verified via full name and date of birth.

ID

30 yo married female DEP with PTSD.

Subjective

The pt is changing her priority to "help myself" rather than worrying about her marital situation. She is focusing on her children and her schoolwork/training in the dental field. She says her marriage is "worse" since last visit. She feels "lost." She denies SI, saying her kids are the most important thing in her life right now. She continues to blame herself for what happened. She was very excited talking about the dental clinic and working under various dentists there. She wants to get better and join the Army in a year as a dental technician. She is still taking her medication, is content with her amount of sleep, and is sometimes taking two Zolofts when she is very stressed out. She went without meds for 2 days last week and felt nervous energy in her system. We discussed how the medication works and that it is preferable she take one pill everyday.

The pt will start seeing MAJ Eason for therapy as Ms Taylor transferred to a new position. We discussed this for some time – the pt is content starting with a new therapist.

MEDS

Zoloft 100 mg daily

Doxepin 75-100 mg at bedtime PRN insomnia.

Medication history was reviewed.

PAIN

No pain issues noted. Pain is 0 out of 10 today.

MSE

Appearance: appropriately dressed and groomed.

Movement: no psychomotor retardation or agitation

Eye Contact: fair;

Speech Rate/Volume: normal tone; normal rate.

Interaction with Examiner: interactive, smiling at times, non-tearful.

Mood: anxious and depressed

Affect: constricted

Judgment: good

Insight: fair

Thought Processes: Linear, logical, goal-directed

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Thought Content:
No AH/VH/delusions.

SI: no thoughts, plan, or intent
HI: none

ASSESSMENT

Will continue monitoring and treatment.

Suicide risk was assessed as low.

Protective factors included no SI, no hopelessness, no h/o suicide attempts, husband's presence

Risk factors included anxiety and fear, marital tension

DIAGNOSIS

Axis I Posttraumatic stress disorder

Axis II deferred

Axis III none

Axis IV sexual assault

Axis V GAF 60

PLAN:

Maintain Zoloft 100 mg daily.

Maintain doxepin 75-100 mg at bedtime prn insomnia.

Start seeing MAJ Eason next Monday.

Write letter supporting move of couple to a new assignment if requested – so far, they have not.

Patient was seen for 30 minutes.

Follow up in 3 weeks.

Med reconciliation completed. Psychiatric meds reviewed with patient (or parents as applicable); patient instructed to obtain updated med list from pharmacy and to destroy any old lists.

Signed By JOHNSON, DAVID E (Psychiatrist, Schweinfurt Behavioral Health Clinic) @ 18 Nov 2010 0952

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Patient: **CHAJI, HOUDA**
 Treatment Facility: **COMMUNITY MENTAL HEALTH SERVICE FT. IRWIN**
 Patient Status: **Outpatient**

Date: **16 Nov 2010 1348 PST**
 Clinic: **MENTAL HEALTH WACH**

Appt Type: **T-CON***
 Provider: **TAYLOR,JACQUELINE**

Call Back Phone: **(404)-453-6760**

Reason for Telephone Consult:

AutoCites Refreshed by TAYLOR,JACQUELINE @ 16 Nov 2010 1349 PST

Problems

Chronic:

- Visit for: screening for pulmonary tuberculosis
- Post-traumatic stress disorder
- Visit for: administrative purposes
- Visit for: screening exam
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Family History

- No Family History of marital history (General FHx)
- No Family History of mental illness (not retardation) (General FHx)
- No Family History of alcoholism (General FHx)
- Family medical history (General FHx)
- No Family History of heart disease (General FHx)
- No Family History of cancer (General FHx)

Allergies

- No Known Allergies

Active Medications

Active Medications	Status	Sig	Refills Left	Last Filled
TEMAZEPAM, 15 MG, CAPSULE, ORAL	Active	TAKE 1-2 CAP PO AT BEDTIME PRN INSOMNIA	2 of 2	21 Sep 2010
SALICYLIC ACID, 17%, LIQUID, TOPICAL	Active	APPLY TO WART AT THE RIGHT HAND BID FOR UP TO 12 WEEKS #1 RFO	2 of 2	01 Sep 2010
Salicylic Acid 40%, Pad, Topical	Active	APPLY PATCH BID FOR UP NR 12 WEEKS		01 Sep 2010
Tri-Cyclen/Tri-Nessa/Tri-Sprintec Tablet Oral	Active	TAKE ONE TAB BY MOUTH ONCE DAILY, START ON 1ST SUNDAY AFTER ONSET OF MENSES #3 RF3	3 of 3	08 Apr 2010
NECON (NORETHINDRONE-ETHINYL ESTRAD), 1 MG-35MCG, TABLET, ORAL, WATSON LABS, 28 ea. BLIST PACK	Active		12 of 12	30 Aug 2009
ISOMETH-D-CHLORALPHENAZ-APAP (ISOMETHEPT/ACETAMINOP/DICHLPHN), 65-325-100, CAPSULE, ORAL, AMNEAL PHARMACE, 100 ea. BOTTLE	Active		5 of 5	30 Aug 2009
CEPHALEXIN (CEPHALEXIN MONOHYDRATE), 500 MG, CAPSULE, ORAL, TEVA USA, 500 ea. BOTTLE	Active		NR	03 May 2009
FLUTICASONE PROPIONATE (FLUTICASONE PROPIONATE), 50 MCG, SPRAY SUSP, NASAL, APOTEX CORP, 16 g AER W/ADAP	Active		1 of 1	03 May 2009
FEXOFENADINE HCL (FEXOFENADINE HCL), 180 MG, TABLET, ORAL, DR.REDDY'S LAB, 500 ea. BOTTLE	Active		1 of 1	03 May 2009
BUSPIRONE HCL (BUSPIRONE HCL), 10 MG, TABLET, ORAL, MYLAN, 100 ea. BOTTLE	Active		1 of 1	05 Jan 2009

SO Note Written by TAYLOR,JACQUELINE @ 16 Nov 2010 1358 PST

Subjective

Undersigned contacted patient to inform her of new work assignment and that undersigned can no longer see her as a patient. patient stated she is ok with that, then she stated she does not want to start new with a new therapist. Therapist offered her a referral for mental health if she wants to continue services. first patient declined, then she agreed to be seen by behavioral health. patient then stated "what if I go to your new unit and askt them to let you see me, would that work?" undersigned stated that the caseload is high and she would be referred to behavioral health or an outside agency. Patient then stated, "well, if I don't want to go there, can I call you and talk to you as a friend?" Undersigned reminded her of ethical boundaries that restricts patient/therapist from having duel relationship, and she did not like that. Undersigned reminded patient of when patient invited undersigned to her

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/I
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
 Prescribed by GSA and ICMR
 FIRMR (41 CFR) 201-45.505

house and that undersigned discussed boundaries with patient, and she recalled that incident. Patient reported she has an appointment with Dr. Johnson in behavioral health this thursday and she will make a follow-up appointment with another therapist at behavioral health.

A/P Last Updated by TAYLOR, JACQUELINE @ 16 Nov 2010 1358 PST
I. POST-TRAUMATIC STRESS DISORDER

Disposition Last Updated by TAYLOR, JACQUELINE @ 16 Nov 2010 1358 PST

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding.

Signed By TAYLOR, JACQUELINE (Licensed Clinical Social Worker) @ 16 Nov 2010 1359

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Patient: **HAJI, HOUDA**
Treatment Facility: **COMMUNITY MENTAL HEALTH SERVICE FT. IRWIN**
Patient Status: **Outpatient**

Date: **02 Nov 2010 0900 PST**
Clinic: **PSYCHIATRY WACH**

Appt Type: **EST**
Provider: **JOHNSON,DAVID E**

Reason for Appointment: f/u
Appointment Comments:
del13oct10

A/P Written by JOHNSON,DAVID E @ 02 Nov 2010 0957 PST

I. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Psychiat Therapy Indiv Appr 45-50 Min W/ Med Eval Managemt x 1

Disposition Written by JOHNSON,DAVID E @ 02 Nov 2010 0958 PST

Released w/o Limitations

Note Written by JOHNSON,DAVID E @ 02 Nov 2010 0957 PST

Weed MEDDAC Behavioral Health Department Followup

The patient's identity was verified via full name and date of birth.

ID

30 yo married female DEP with PTSD.

Subjective

The pt came in with her husband, SPC Belkhatir, today. The husband confirmed much of what she has been telling me about the unit "punishing" him for his wife's legal complaints. He dislikes the unit and wants out of here if he could. There is a potential opening in Germany that he may get more info on Nov 5. The other couple is still on post. The pt reported a break in at her house last week and their clothes were strewn everywhere. They don't want to report it because it would garner more hostile response from the unit toward the husband.

I discussed having them come in for marital sessions. The husband stated that he comes home everyday and takes out his stress on her. He says he accuses her causing all of his troubles at work. Other times he avoids confronting her by simply leaving the house. He appeared to have good insight while telling me this that in that he believes her allegations of the assault and he thinks it is the unit that is being unreasonable. He was agreeable to coming in more, but not until this Box rotation ends on 12 Nov. He said repeatedly the unit would not let him leave the Box again, and that to do so would bring lots of trouble upon him. He says the 1SG has told him his wife's motivation in making complaints is to have him near her, and that he wants this because he is trying to avoid going to the Box.

The pt says she stopped the doxepin on weekdays because her husband is gone and the kids might wake up at night. She is still taking the Zoloft. She denies SI or HI.

MEDS

Zoloft 100 mg daily

Doxepin 75-100 mg at bedtime PRN insomnia.

Medication history was reviewed.

PAIN

No pain issues noted. Pain is 0 out of 10 today.

MSE

Appearance: appropriately dressed and groomed.

Movement: no psychomotor retardation or agitation

Eye Contact: fair;

Speech Rate/Volume: normal tone; normal rate.

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE
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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Interaction with Examiner: interactive, smiling at times, non-tearful.
Mood: anxious and depressed
Affect: constricted
Judgment: good
Insight: fair
Thought Processes: Linear, logical, goal-directed
Thought Content:
No AH/VH/delusions.

SI: no thoughts, plan, or intent
HI: none

ASSESSMENT

The pt is not sleeping again due to needing to be non-sedated for her kids. I will talk to his therapist about marital options once he returns Nov 12. Next rotation is not until January. I will write a letter supporting his move to a new post.

Suicide risk was assessed as low.
Protective factors included no SI, no hopelessness, no h/o suicide attempts, husband's presence
Risk factors included anxiety and fear, marital tension

DIAGNOSIS

Axis I Posttraumatic stress disorder
Axis II deferred
Axis III none
Axis IV sexual assault
Axis V GAF 60

PLAN:

Maintain Zoloft 100 mg daily.
Maintain doxepin 75-100 mg at bedtime prn insomnia.

Continue seeing Ms Taylor.

Write letter supporting move of couple to a new assignment.

Patient was seen for 45 minutes.

Follow up in 2 weeks.

Master problem list was updated.

Med reconciliation completed. Psychiatric meds reviewed with patient (or parents as applicable); patient instructed to obtain updated med list from pharmacy and to destroy any old lists.

Signed By JOHNSON, DAVID E (Psychiatrist, Schweinfurt Behavioral Health Clinic) @ 02 Nov 2010 0958

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

Patient: **CHAJI, HOUDA**
Treatment Facility: **COMMUNITY MENTAL HEALTH SERVICE FT. IRWIN**
Patient Status: **Outpatient**

Date: **27 Oct 2010 1507 PDT**
Clinic: **PSYCHIATRY WACH**

Appt Type: **T-CON***
Provider: **JOHNSON,DAVID E**

Call Back Phone: **(404)-453-6760**

Reason for Telephone Consult: command is concerned

SO Note Written by **JOHNSON,DAVID E @ 27 Oct 2010 1509 PDT**

Subjective

The pt went to the NTC HQ and talked to brigade commander and others. They expressed concerned about her emotional wellbeing and safety to the sexual assault coordinator, who passed the info on to me. I called her to talk; she says she took some medicine upon returning home, and is awaiting her husband. She was safe, without suicidal ideation, and still planning on seeing me at her appt on Nov 2. She was upbeat that the unit agreed to let her husband come to the appt with her rather than going to the Box.

A/P Last Updated by **JOHNSON,DAVID E @ 27 Oct 2010 1509 PDT**

I. POST-TRAUMATIC STRESS DISORDER

Disposition Last Updated by **JOHNSON,DAVID E @ 27 Oct 2010 1509 PDT**

Signed By **JOHNSON, DAVID E** (Psychiatrist, Schweinfurt Behavioral Health Clinic) @ 27 Oct 2010 1509

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
FMP/SSN: :	Tel H: :	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W: :	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS: :	Outpt Rec. Rm: :
MC Status: :	Status: :	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM: :

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Patient: **CHAJI, HOUDA**
 Treatment Facility: **COMMUNITY MENTAL HEALTH SERVICE FT. IRWIN**
 Patient Status: **Outpatient**

Date: **20 Oct 2010 0919 PDT**
 Clinic: **MENTAL HEALTH WACH**

Appt Type: **EST**
 Provider: **TAYLOR,JACQUELINE**

Reason for Appointment:

AutoCites Refreshed by TAYLOR,JACQUELINE @ 20 Oct 2010 0919 PDT

Problems

Chronic:

- Visit for: screening for pulmonary tuberculosis
- Post-traumatic stress disorder
- Visit for: administrative purposes
- Visit for: screening exam
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Acute:

- Vaccine needed prophylactically against viral diseases

Family History

- No Family History of marital history (General FHx)
- No Family History of mental illness (not retardation) (General FHx)
- No Family History of alcoholism (General FHx)
- Family medical history (General FHx)
- No Family History of heart disease (General FHx)
- No Family History of cancer (General FHx)

Allergies

- No Known Allergies

Active Medications

Active Medications	Status	Sig	Refills Left	Last Filled
DOXEPIN HCL, 25 MG, CAPSULE, ORAL	Active	T 3-4 CAP PO AT BEDTIME PRN INSOMNIA	NR	13 Oct 2010
SERTRALINE HCL, 100 MG, TABLET, ORAL	Active	T1 TAB PO DAILY	NR	13 Oct 2010
TEMAZEPAM, 15 MG, CAPSULE, ORAL	Active	TAKE 1-2 CAP PO AT BEDTIME PRN INSOMNIA	2 of 2	21 Sep 2010
QUETIAPINE FUMARATE, 25 MG, TABLET, ORAL	Active	TAKE 1-2 TAB PO AT BEDTIME #30 RFO	NR	13 Sep 2010
SALICYLIC ACID, 17%, LIQUID, TOPICAL	Active	APPLY TO WART AT THE RIGHT HAND BID FOR UP TO 12 WEEKS #1 RFO	2 of 2	01 Sep 2010
Salicylic Acid 40%, Pad, Topical	Active	APPLY PATCH BID FOR UP NR 12 WEEKS		01 Sep 2010
Tri-Cyclen/Tri-Nessa/Tri-Sprintec Tablet Oral	Active	TAKE ONE TAB BY MOUTH ONCE DAILY, START ON 1ST SUNDAY AFTER ONSET OF MENSES #3 RF3	3 of 3	08 Apr 2010
NECON (NORETHINDRONE-ETHINYL ESTRAD), 1 MG-35MCG, TABLET, ORAL, WATSON LABS, 28 ea. BLIST PACK	Active		12 of 12	30 Aug 2009
ISOMETH-D-CHLORALPHENAZ-APAP (ISOMETHEPT/ACETAMINOP/DICHLPHN), 65-325-100, CAPSULE, ORAL, AMNEAL PHARMACE, 100 ea. BOTTLE	Active		5 of 5	30 Aug 2009
CEPHALEXIN (CEPHALEXIN MONOHYDRATE), 500 MG, CAPSULE, ORAL, TEVA USA, 500 ea. BOTTLE	Active		NR	03 May 2009
FLUTICASONE PROPIONATE (FLUTICASONE PROPIONATE), 50 MCG, SPRAY SUSP, NASAL, APOTEX CORP, 16 g AER W/ADAP	Active		1 of 1	03 May 2009
FEXOFENADINE HCL (FEXOFENADINE HCL), 180 MG, TABLET, ORAL, DR.REDDY'S LAB, 500 ea. BOTTLE	Active		1 of 1	03 May 2009
BUSPIRONE HCL (BUSPIRONE HCL), 10 MG, TABLET, ORAL, MYLAN, 100 ea. BOTTLE	Active		1 of 1	05 Jan 2009

SO Note Written by TAYLOR,JACQUELINE @ 20 Oct 2010 0920 PDT

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

THIS INFORMATION IS PROTECTED BY THE PRIVACY ACT OF 1974 (PL-93-579). UNAUTHORIZED ACCESS TO THIS INFORMATION IS A VIOLATION OF FEDERAL LAW. VIOLATORS WILL BE PROSECUTED.

STANDARD FORM 600 (REV. 5)
 Prescribed by GSA and ICMR
 FIRMR (41 CFR) 201-45.505

Chief complaint

The Chief Complaint is: PTSD and depression due to rape.

Reason for Visit

Follow-up.

Referred here

By Command [], Self [X], Emergency Department [], Medical [], Legal [], Other [].

History of present illness

The Patient is a 30 year old female.

She reported: No military service branch and status was not specified.

She reported she is still unable to sleep well, although she is on sleep meds perscribed by psychiatrist. Patient reported still having PTSD symptoms. Patient reported she encountered people in the grocery store who were mocking her regarding the rape, and stated "thy are my neighbors' friends and they don't know what really happened and they judged me." patient reported she stayed in her room for 2 days as a result. Additionally, patient was upset that due to the rape, she is no fearful often and reports feeling unsafe although she "never felt fear before." Patient's feelings was explored. Patient denied Si/Hi and contracted that if she is feeling suicidal/homicidal, she will call 911, go to the hospital or call behavioral health. Focusing on the positive and trying to focus on regaining her normal life back was explored and slowly re-build her relationship with her husband. Patient does report relief from therapy and enjoys having time and place to process her emotions.

Visit related to Deployment No [X], Yes [], Details [].

Subjective

Limits of Confidentiality Reviewed with patient, patient verbally acknowledged understanding and signature obtained..

Physical findings

Judgment: Good [], Fair [X], Poor [] --TREATMENT PLAN (JCAHO Std. PC.4.10) ~

Patient Strengths: Educated; Motivated for Treatment ~

Barriers to treatment: ~

Problem(s)-1.

PTSD due to rape

2. lack of sleep-Objective(s) (by problem number)-1.

reduce PTSD symptoms

2.

increase sleep-Interventions (by problem number) ~1.

exploring traumatic event

2.

coping skills.

General appearance:

° Normal.

Neurological:

° No hallucinations.

Speech: ° Normal. ° Sufficient nonverbal communication skills were demonstrated.

Psychiatric Exam:

Appearance: • Tired.

Demonstrated Behavior: ° Behavior demonstrated no abnormalities.

Attitude: ° Not abnormal.

Mood: • Depressed. • Anxious.

Affect: • Full-ranging. • Sad. • Tearful.

Thought Processes: ° Not impaired.

Thought Content: ° Revealed no impairment. ° Insight was intact. ° No suicidal ideation. ° No suicidal plans. ° No suicidal intent. ° No homicidal ideations. ° No homicidal plans. ° No homicidal intent.

Spiritual assessment:

• Faith provides strength and comfort.

A/P Written by TAYLOR, JACQUELINE @ 20 Oct 2010 0925 PDT

1. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Social Work Individual Outpatient Counseling 45-50 Minutes x 1

Disposition Written by TAYLOR, JACQUELINE @ 20 Oct 2010 0925 PDT

Released w/o Limitations

Follow up: as needed. - Comments: in 2 weeks

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding. 60 minutes face-to-face/floor time. >50% of appointment time spent counseling and/or coordinating care.

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

20 Oct 2010 0919

Facility: Weed ACH Fort Irwin, CA

Clinic: Mental Health Weed ACH

Provider: TAYLOR, JACQUELINE

Signed By TAYLOR, JACQUELINE (Licensed Clinical Social Worker) @ 20 Oct 2010 0925

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Patient: **CHAJI, HOUDA**
 Treatment Facility: **COMMUNITY MENTAL HEALTH SERVICE FT. IRWIN**
 Patient Status: **Outpatient**

Date: **13 Oct 2010 1433 PDT**
 Clinic: **MENTAL HEALTH WACH**

Appt Type: **EST**
 Provider: **TAYLOR,JACQUELINE**

Reason for Appointment:

AutoCites Refreshed by TAYLOR,JACQUELINE @ 13 Oct 2010 1433 PDT

Problems

Chronic:

- Visit for: screening for pulmonary tuberculosis
- Post-traumatic stress disorder
- Visit for: administrative purposes
- Visit for: screening exam
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Acute:

- Vaccine needed prophylactically against viral diseases

Family History

- No Family History of marital history (General FHx)
- No Family History of mental illness (not retardation) (General FHx)
- No Family History of alcoholism (General FHx)
- Family medical history (General FHx)
- No Family History of heart disease (General FHx)
- No Family History of cancer (General FHx)

Allergies

- No Known Allergies

Active Medications

Active Medications	Status	Sig	Refills Left	Last Filled
DOXEPIN HCL, 25 MG, CAPSULE, ORAL	Active	T 3-4 CAP PO AT BEDTIME PRN INSOMNIA	NR	13 Oct 2010
SERTRALINE HCL, 100 MG, TABLET, ORAL	Active	T1 TAB PO DAILY	NR	13 Oct 2010
TEMAZEPAM, 15 MG, CAPSULE, ORAL	Active	TAKE 1-2 CAP PO AT BEDTIME PRN INSOMNIA	2 of 2	21 Sep 2010
QUETIAPINE FUMARATE, 25 MG, TABLET, ORAL	Active	TAKE 1-2 TAB PO AT BEDTIME #30 RFO	NR	13 Sep 2010
SALICYLIC ACID, 17%, LIQUID, TOPICAL	Active	APPLY TO WART AT THE RIGHT HAND BID FOR UP TO 12 WEEKS #1 RFO	2 of 2	01 Sep 2010
Salicylic Acid 40%, Pad, Topical	Active	APPLY PATCH BID FOR UP NR 12 WEEKS		01 Sep 2010
Tri-Cyclen/Tri-Nessa/Tri-Sprintec Tablet Oral	Active	TAKE ONE TAB BY MOUTH ONCE DAILY, START ON 1ST SUNDAY AFTER ONSET OF MENSES #3 RF3	3 of 3	08 Apr 2010
NECON (NORETHINDRONE-ETHINYL ESTRAD), 1 MG-35MCG, TABLET, ORAL, WATSON LABS, 28 ea. BLIST PACK	Active		12 of 12	30 Aug 2009
ISOMETH-D-CHLORALPHENAZ-APAP (ISOMETHEPT/ACETAMINOP/DICHLPHN), 65-325-100, CAPSULE, ORAL, AMNEAL PHARMACE, 100 ea. BOTTLE	Active		5 of 5	30 Aug 2009
CEPHALEXIN (CEPHALEXIN MONOHYDRATE), 500 MG, CAPSULE, ORAL, TEVA USA, 500 ea. BOTTLE	Active		NR	03 May 2009
FLUTICASONE PROPIONATE (FLUTICASONE PROPIONATE), 50 MCG, SPRAY SUSP, NASAL, APOTEX CORP, 16 g AER W/ADAP	Active		1 of 1	03 May 2009
FEXOFENADINE HCL (FEXOFENADINE HCL), 180 MG, TABLET, ORAL, DR.REDDY'S LAB, 500 ea. BOTTLE	Active		1 of 1	03 May 2009
BUSPIRONE HCL (BUSPIRONE HCL), 10 MG, TABLET, ORAL, MYLAN, 100 ea. BOTTLE	Active		1 of 1	05 Jan 2009

SO Note Written by TAYLOR,JACQUELINE @ 13 Oct 2010 1434 PDT

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
 Prescribed by GSA and ICMR
 FIRMR (41 CFR) 201-45.505

Chief complaint

The Chief Complaint is: PTSD and depression due to rape.

Reason for Visit

Follow-up.

Referred here

By Command [], Self [X], Emergency Department [], Medical [], Legal [], Other [].

History of present illness

The Patient is a 30 year old female.

She reported: No military service branch and status was not specified.

She reported she is still unable to sleep well, however, her appointment with the psychiatrist was today. Patient reported still having PTSD symptoms. she still reports memory loss (particularly with short term memory) and inability to concentrate. Patient's feelings was explored. Patient seems to be stuck in feeling hopeless/helpless, and positive thinking and reframing was introduced. Patient denied Si/Hi and contracted that if she is feeling suicidal/homicidal, she will call 911, go to the hospital or call behavioral health. Focusing on the positive and trying to focus on regaining her normal life back was explored. Patient does report relief from therapy and enjoys having time and place to process her emotions.

Visit related to Deployment No [X], Yes [], Details [].

Subjective

Limits of Confidentiality Reviewed with patient, patient verbally acknowledged understanding and signature obtained..

Physical findings

Judgment: Good [], Fair [X], Poor [] --TREATMENT PLAN (JCAHO Std. PC.4.10) ~

Patient Strengths: Educated; Motivated for Treatment ~

Barriers to treatment: ~

Problem(s)-1.

PTSD due to rape

2. lack of sleep-Objective(s) (by problem number)-1.

reduce PTSD symptoms

2.

increase sleep-Interventions (by problem number) ~1.

exploring traumatic event

2.

coping skills and boundary setting and reconnecting with religion.

General appearance:

° Normal.

Neurological:

° No hallucinations.

Speech: ° Normal. ° Sufficient nonverbal communication skills were demonstrated.

Psychiatric Exam:

Appearance: ° Tired.

Demonstrated Behavior: ° Behavior demonstrated no abnormalities.

Attitude: ° Not abnormal.

Mood: ° Depressed. ° Anxious.

Affect: ° Full-ranging. ° Sad. ° Tearful.

Thought Processes: ° Not impaired.

Thought Content: ° Revealed no impairment. ° Insight was intact. ° No suicidal ideation. ° No suicidal plans. ° No suicidal intent. ° No homicidal ideations. ° No homicidal plans. ° No homicidal intent.

Spiritual assessment:

° Faith provides strength and comfort.

A/P Written by TAYLOR, JACQUELINE @ 13 Oct 2010 1437 PDT

I. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Social Work Individual Outpatient Counseling 45-50 Minutes x 1

Disposition Written by TAYLOR, JACQUELINE @ 13 Oct 2010 1438 PDT

Released w/o Limitations

Follow up: as needed. - Comments: in one week

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding. 60 minutes face-to-face/floor time. >50% of appointment time spent counseling and/or coordinating care.

Signed By TAYLOR, JACQUELINE (Licensed Clinical Social Worker) @ 13 Oct 2010 1438

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Patient: CHAJI, HOUDA
Treatment Facility: COMMUNITY
MENTAL HEALTH SERVICE FT. IRWIN
Patient Status: Outpatient

Date: 13 Oct 2010 1000 PDT
Clinic: PSYCHIATRY WACH

Appt Type: EST
Provider: JOHNSON,DAVID E

Reason for Appointment: f/u
Appointment Comments:
1oct aet

A/P Written by JOHNSON,DAVID E @ 13 Oct 2010 1322 PDT

I. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Psychiat Therapy Indiv Appr 45-50 Min W/ Med Eval Managemt x 1

Disposition Written by JOHNSON,DAVID E @ 13 Oct 2010 1322 PDT

Released w/o Limitations

Note Written by JOHNSON,DAVID E @ 13 Oct 2010 1321 PDT

Weed MEDDAC Behavioral Health Department Followup

The patient's identity was verified via full name and date of birth.

ID

30 yo married female DEP with PTSD due to assault.

Subjective

The pt reports some improvement with doxepin. We discussed ongoing issues with her marriage, the legal situation, and her fears. She has tried to get her husband to attend a therapy session with her, but he keeps having to work. We discussed having him call me so we can discuss recommendations for marital therapy. The pt started school though has some problems focusing on the schoolwork. She denies SI or HI.

MEDS

Zoloft 100 mg daily

Doxepin 50 mg at bedtime PRN insomnia.

Medication history was reviewed.

PAIN

No pain issues noted. Pain is 0 out of 10 today.

MSE

Appearance: appropriately dressed and groomed.

Movement: no psychomotor retardation or agitation

Eye Contact: fair;

Speech Rate/Volume: normal tone; normal rate.

Interaction with Examiner: interactive, smiling at times, non-tearful.

Mood: anxious and depressed

Affect: constricted

Judgment: good

Insight: fair

Thought Processes: Linear, logical, goal-directed

Thought Content:

No AH/VH/delusions.

SI: no thoughts, plan, or intent

HI: none

ASSESSMENT

Continuing to provide supportive therapy and psychoeducation on her symptoms. Will raise dose of

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRM (41 CFR) 201-45.505

doxepin for sleep. Made strong recommendation for marital therapy – this is contributing to her poor symptom control.

Suicide risk was assessed as low.

Protective factors included no SI, no hopelessness, no h/o suicide attempts, husband's presence

Risk factors included anxiety and fear

DIAGNOSIS

- Axis I Posttraumatic stress disorder
- Axis II deferred
- Axis III none
- Axis IV sexual assault
- Axis V GAF 60

PLAN:

Maintain Zoloft 100 mg daily.

Start doxepin 75-100 mg at bedtime prn insomnia.

Continue seeing Ms Taylor.

Patient was seen for 45 minutes.

Follow up in 3 weeks.

Master problem list was updated.

Med reconciliation completed. Psychiatric meds reviewed with patient (or parents as applicable); patient instructed to obtain updated med list from pharmacy and to destroy any old lists.

Signed By JOHNSON, DAVID E (Psychiatrist, Schweinfurt Behavioral Health Clinic) @ 13 Oct 2010 1322

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45.505

Patient: CHAJI, HOUDA
Treatment Facility: COMMUNITY
MENTAL HEALTH SERVICE FT. IRWIN
Patient Status: Outpatient

Date: 01 Oct 2010 0900 PDT
Clinic: PSYCHIATRY WACH

Appt Type: EST
Provider: JOHNSON, DAVID E

Reason for Appointment: f/u
Appointment Comments:
21sept aet

LMP: 25 Jan 2010. Date Basis: unknown.

A/P Written by JOHNSON, DAVID E @ 01 Oct 2010 0941 PDT

I. POST-TRAUMATIC STRESS DISORDER

Procedure(s):
-Psychiat Therapy Indiv Appr 45-50 Min W/ Med Eval Managemt x 1
-Psychiatric Evaluation Review of Records and Reports x 1
-Dangerousness Assessment Suicide Risk x 1

Disposition Written by JOHNSON, DAVID E @ 01 Oct 2010 0942 PDT

Released w/o Limitations

Note Written by JOHNSON, DAVID E @ 01 Oct 2010 0941 PDT

Weed MEDDAC Behavioral Health Department Followup

The patient's identity was verified via full name and date of birth.

ID

30 yo married female DEP with PTSD due to assault.

Subjective

The pt talked about ongoing stress involving the wife of her attacker. She says the woman stole \$6000 in jewelry from her after asking her for the housekey ostensibly to get clothing for the pt's children. She says CID is not pursuing an investigation, which angers her. She was told she could get a lawyer; this made no sense to her, since she did not commit a crime. We discussed the issue; it is not about getting any money back, it about accountability for the other woman, who is an NCO. The pt may consider getting a lawyer since she feels CID will not listen to her. She discussed ongoing problems with her husband and his unit "punishing" him. She discussed sources of strength including religion and her children. She was surprised to discover that her entire family, including the children, are being significantly affected by what happened to her. Overall, she reports that she often feels better for a period after seeing her providers, but that the effect wears off with time.

She says the Restoril made her dizzy and sleepy when she woke up, so she stopped it. She denies SI or HI.

MEDS

Zoloft 100 mg daily

Restoril

Medication history was reviewed.

PAIN

No pain issues noted. Pain is 0 out of 10 today.

MSE

Appearance: appropriately dressed and groomed.

Movement: no psychomotor retardation or agitation

Eye Contact: fair; she cried often and then would avoid eye contact

Speech Rate/Volume: normal tone; normal rate.

Interaction with Examiner: interactive, smiling at times, tearful and tremulous at other times.

Mood: anxious and depressed

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

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Prescribed by GSA and ICMR
FIRMR (41 CFR) 201-45,505

Affect: constricted
Judgment: good
Insight: fair
Thought Processes: Linear, logical, goal-directed
Thought Content:
No AH/VH/delusions.

SI: no thoughts, plan, or intent
HI: none

ASSESSMENT

Strop Restoril and start doxepin for sleep. Consider raise in Zoloft dosage next visit. Continue supportive therapy.

Suicide risk was assessed as low.
Protective factors included no SI, no hopelessness, no h/o suicide attempts, husband's presence
Risk factors included anxiety and fear

DIAGNOSIS

Axis I Posttraumatic stress disorder
Axis II deferred
Axis III none
Axis IV sexual assault
Axis V GAF 60

PLAN:

Maintain Zoloft 100 mg daily.
Start doxepin 25-50 mg at bedtime prn insomnia.
Restoril stopped by patient.

Verbal Medication consent was obtained and patient verbalized understanding of diagnosis and target symptoms, possible benefits/intended outcome of treatment, possible risks and side effects, possible alternatives, possible results of not taking medication, possibility that medication may need to be adjusted over time, right to participate in treatment and right to withdraw voluntary consent for medications at any time.

Continue seeing Ms Taylor.

Patient was seen for 40 minutes.

Follow up in 2 weeks.

Master problem list was updated.

Med reconciliation completed. Psychiatric meds reviewed with patient (or parents as applicable); patient instructed to obtain updated med list from pharmacy and to destroy any old lists.

Signed By **JOHNSON, DAVID E** (Psychiatrist, Schweinfurt Behavioral Health Clinic) @ 01 Oct 2010 0942

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

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STANDARD FORM 600 (REV. 5)
Prescribed by GSA and ICMR
FIRM (41 CFR) 201-45.505

Patient: CHAJI, HOUDA
 Treatment Facility: COMMUNITY
 MENTAL HEALTH SERVICE FT. IRWIN
 Patient Status: Outpatient

Date: 30 Sep 2010 1052 PDT
 Clinic: MENTAL HEALTH WACH

Appt Type: EST
 Provider: TAYLOR,JACQUELINE

Reason for Appointment:

AutoCites Refreshed by TAYLOR,JACQUELINE @ 30 Sep 2010 1053 PDT

Problems

Chronic:

- Post-traumatic stress disorder
- Visit for: administrative purposes
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Family History

- No Family History of marital history (General FHx)
- No Family History of mental illness (not retardation) (General FHx)
- No Family History of alcoholism (General FHx)
- Family medical history (General FHx)
- No Family History of heart disease (General FHx)
- No Family History of cancer (General FHx)

Allergies

- No Known Allergies

Active Medications

Active Medications	Status	Sig	Refills Left	Last Filled
SERTRALINE HCL, 100 MG, TABLET, ORAL	Active	T1 TAB PO DAILY	NR	21 Sep 2010
TEMAZEPAM, 15 MG, CAPSULE, ORAL	Active	TAKE 1-2 CAP PO AT BEDTIME PRN INSOMNIA	2 of 2	21 Sep 2010
QUETIAPINE FUMARATE, 25 MG, TABLET, ORAL	Active	TAKE 1-2 TAB PO AT BEDTIME #30 RF0	NR	13 Sep 2010
SALICYLIC ACID, 17%, LIQUID, TOPICAL	Active	APPLY TO WART AT THE RIGHT HAND BID FOR UP TO 12 WEEKS #1 RF0	2 of 2	01 Sep 2010
Salicylic Acid 40%, Pad, Topical	Active	APPLY PATCH BID FOR UP NR 12 WEEKS		01 Sep 2010
Tri-Cyclen/Tri-Nessa/Tri-Sprintec Tablet Oral	Active	TAKE ONE TAB BY MOUTH ONCE DAILY, START ON 1ST SUNDAY AFTER ONSET OF MENSES #3 RF3	3 of 3	08 Apr 2010
NECON (NORETHINDRONE-ETHINYL ESTRAD), 1 MG-35MCG, TABLET, ORAL, WATSON LABS, 28 ea. BLIST PACK	Active		12 of 12	30 Aug 2009
ISOMETH-D-CHLORALPHENAZ-APAP (ISOMETHEPT/ACETAMINOP/DICHLPHN), 65-325-100, CAPSULE, ORAL, AMNEAL PHARMACE, 100 ea. BOTTLE	Active		5 of 5	30 Aug 2009
CEPHALEXIN (CEPHALEXIN MONOHYDRATE), 500 MG, CAPSULE, ORAL, TEVA USA, 500 ea. BOTTLE	Active		NR	03 May 2009
FEXOFENADINE HCL (FEXOFENADINE HCL), 180 MG, TABLET, ORAL, DR.REDDY'S LAB, 500 ea. BOTTLE	Active		1 of 1	03 May 2009
FLUTICASONE PROPIONATE (FLUTICASONE PROPIONATE), 50 MCG, SPRAY SUSP, NASAL, APOTEX CORP, 16 g AER W/ADAP	Active		1 of 1	03 May 2009
BUSPIRONE HCL (BUSPIRONE HCL), 10 MG, TABLET, ORAL, MYLAN, 100 ea. BOTTLE	Active		1 of 1	05 Jan 2009

LMP: 25 Jan 2010. Date Basis: unknown.

SO Note Written by TAYLOR,JACQUELINE @ 30 Sep 2010 1053 PDT

Chief complaint

The Chief Complaint is: PTSD and depression due to rape.

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS.MICAH J
Insurance: No		Tel. PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

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Reason for Visit

Follow-up.

Referred here

By Command [], Self [X], Emergency Department [], Medical [], Legal [], Other [].

History of present illness

The Patient is a 30 year old female.

She reported: No military service branch and status was not specified.

Initially today the patient had a hard time talking and was silent for a while crying, but then reported that she had a crisis at home last week due to CID mishandling her case. Patient reported she is unable to function at her normal level still. she reported she is still unable to sleep well, however, her appointment with the psychiatrist is tomorrow. Patient reported still having nightmares at times, is fearful, can't go outside and conduct household duties or cook. she still reports memory loss (particularly with short term memory) and inability to concentrate. Patient's feelings was explored. Patient seems to be stuck in feeling hopeless/helpless, and positive thinking and reframing was introduced. Patient denied Si/Hi and contracted that if she is feeling suicidal/homicidal, she will call 911, go to the hospital or call behavioral health.

Visit related to Deployment No [X], Yes [], Details [].

Subjective

Limits of Confidentiality Reviewed with patient, patient verbally acknowledged understanding and signature obtained.

Physical findings

Judgment: Good [], Fair [X], Poor [] --TREATMENT PLAN (JCAHO Std. PC.4.10) ~

Patient Strengths: Educated; Motivated for Treatment ~

Barriers to treatment: ~

Problem(s)-1.

PTSD due to rape

2. lack of sleep-Objective(s) (by problem number)-1.

reduce PTSD symptoms

2.

increase sleep-Interventions (by problem number) ~1.

exploring traumatic event

2.

coping skills and boundary setting and reconnecting with religion.

General appearance:

° Normal.

Neurological:

° No hallucinations.

Speech: ° Normal. ° Sufficient nonverbal communication skills were demonstrated.

Psychiatric Exam:

Appearance: • Tired.

Demonstrated Behavior: ° Behavior demonstrated no abnormalities.

Attitude: ° Not abnormal.

Mood: • Depressed. • Anxious.

Affect: • Full-ranging. • Sad. • Tearful.

Thought Processes: ° Not impaired.

Thought Content: ° Revealed no impairment. ° Insight was intact. ° No suicidal ideation. ° No suicidal plans. ° No suicidal intent. ° No homicidal ideations. ° No homicidal plans. ° No homicidal intent.

Spiritual assessment:

• Faith provides strength and comfort.

A/P Written by TAYLOR,JACQUELINE @ 30 Sep 2010 1108 PDT

1. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Social Work Individual Outpatient Counseling 45-50 Minutes x 1

Disposition Written by TAYLOR,JACQUELINE @ 30 Sep 2010 1108 PDT

Released w/o Limitations

Follow up: as needed. - Comments: in 2 weeks

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding. 60 minutes face-to-face/floor time. >50% of appointment time spent counseling and/or coordinating care.

Signed By TAYLOR, JACQUELINE (Licensed Clinical Social Worker) @ 30 Sep 2010 1108

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
Insurance: No		Tel. PCM:

Patient: CHAJI, HOUDA
 Treatment Facility: COMMUNITY
 MENTAL HEALTH SERVICE FT. IRWIN
 Patient Status: Outpatient

Date: 28 Sep 2010 1242 PDT
 Clinic: MENTAL HEALTH WACH

Appt Type: T-CON*
 Provider: TAYLOR,JACQUELINE

Call Back Phone: (404)-453-6760

Reason for Telephone Consult: undersigned received an urgent message from patient today to call her back.

AutoCites Refreshed by TAYLOR,JACQUELINE @ 28 Sep 2010 1244 PDT

Problems

Chronic:

- Post-traumatic stress disorder
- Visit for: administrative purposes
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Family History

- No Family History of marital history (General FHx)
- No Family History of mental illness (not retardation) (General FHx)
- No Family History of alcoholism (General FHx)
- Family medical history (General FHx)
- No Family History of heart disease (General FHx)
- No Family History of cancer (General FHx)

Allergies

- No Known Allergies

Active Medications

Active Medications	Status	Sig	Refills Left	Last Filled
SERTRALINE HCL, 100 MG, TABLET, ORAL	Active	T1 TAB PO DAILY	NR	21 Sep 2010
TEMAZEPAM, 15 MG, CAPSULE, ORAL	Active	TAKE 1-2 CAP PO AT BEDTIME PRN INSOMNIA	2 of 2	21 Sep 2010
QUETIAPINE FUMARATE, 25 MG, TABLET, ORAL	Active	TAKE 1-2 TAB PO AT BEDTIME #30 RF0	NR	13 Sep 2010
SALICYLIC ACID, 17%, LIQUID, TOPICAL	Active	APPLY TO WART AT THE RIGHT HAND BID FOR UP TO 12 WEEKS #1 RF0	2 of 2	01 Sep 2010
Salicylic Acid 40%, Pad, Topical	Active	APPLY PATCH BID FOR UP NR 12 WEEKS		01 Sep 2010
Tri-Cyclen/Tri-Nessa/Tri-Sprintec Tablet Oral	Active	TAKE ONE TAB BY MOUTH ONCE DAILY, START ON 1ST SUNDAY AFTER ONSET OF MENSES #3 RF3	3 of 3	08 Apr 2010
NECON (NORETHINDRONE-ETHINYL ESTRAD), 1 MG-35MCG, TABLET, ORAL, WATSON LABS, 28 ea. BLIST PACK	Active		12 of 12	30 Aug 2009
ISOMETH-D-CHLORALPHENAZ-APAP (ISOMETHEPT/ACETAMINOP/DICHLPHN), 65-325-100, CAPSULE, ORAL, AMNEAL PHARMACE, 100 ea. BOTTLE	Active		5 of 5	30 Aug 2009
CEPHALEXIN (CEPHALEXIN MONOHYDRATE), 500 MG, CAPSULE, ORAL, TEVA USA, 500 ea. BOTTLE	Active		NR	03 May 2009
FEXOFENADINE HCL (FEXOFENADINE HCL), 180 MG, TABLET, ORAL, DR.REDDY'S LAB, 500 ea. BOTTLE	Active		1 of 1	03 May 2009
FLUTICASONE PROPIONATE (FLUTICASONE PROPIONATE), 50 MCG, SPRAY SUSP, NASAL, APOTEX CORP, 16 g AER W/ADAP	Active		1 of 1	03 May 2009
BUSPIRONE HCL (BUSPIRONE HCL), 10 MG, TABLET, ORAL, MYLAN, 100 ea. BOTTLE	Active		1 of 1	05 Jan 2009

LMP: 25 Jan 2010. Date Basis: unknown.

SO Note Written by TAYLOR,JACQUELINE @ 28 Sep 2010 1248 PDT

Subjective

undersigned call patient back and she reported that she was upset and tried to call undersigned. undersigned explained that due to

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS.MICAH J
Insurance: No		Tel. PCM:

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being in session or in meetings, the cell phone is often on vibrate but when undersigned got the message today, undersigned called back. patient reported she will see undersigned on thursday for her scheduled appointment. Patient denied SI/Hi, and stated, "you know I will not do that," and undersigned explained that for her safety, the question must be asked. Undersigned made a safety plan with patient that in an emergency or if she feels SI/Hi, to call 911, go to ER or behavioral health: patient agreed. next appointment is this thursday at 0900.

NP Last Updated by TAYLOR, JACQUELINE @ 28 Sep 2010 1249 PDT

I. POST-TRAUMATIC STRESS DISORDER

Disposition Last Updated by TAYLOR, JACQUELINE @ 28 Sep 2010 1249 PDT

Follow up: as needed in the in one week clinic.

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding.

Signed By TAYLOR, JACQUELINE (Licensed Clinical Social Worker) @ 28 Sep 2010 1250

Name/SSN: HAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID/
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS, MICAH J
Insurance: No		Tel. PCM:

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Patient: **CHAJI, HOUDA**
 Treatment Facility: **COMMUNITY MENTAL HEALTH SERVICE FT. IRWIN**
 Patient Status: **Outpatient**

Date: **22 Sep 2010 0950 PDT**
 Clinic: **MENTAL HEALTH WACH**

Appt Type: **EST**
 Provider: **TAYLOR,JACQUELINE**

Reason for Appointment:

AutoCites Refreshed by TAYLOR,JACQUELINE @ 22 Sep 2010 0951 PDT

Problems

Chronic:

- Post-traumatic stress disorder
- Visit for: administrative purposes
- Recent weight gain
- General counseling on contraception
- Cervical Pap smear
- Insomnia
- Gastroenteritis
- Xerosis cutis

Acute:

- Acute stress disorder
- Raped
- Hyperventilation syndrome
- Superficial injury
- Transient alteration of awareness

Family History

- No Family History of marital history (General FHx)
- No Family History of mental illness (not retardation) (General FHx)
- No Family History of alcoholism (General FHx)
- Family medical history (General FHx)
- No Family History of heart disease (General FHx)
- No Family History of cancer (General FHx)

Allergies

- No Known Allergies

Active Medications

Active Medications	Status	Sig	Refills Left	Last Filled
Menthol + Cetylpyridinium Chloride, Lozenge, Mouth or throat	Active	SUCK ON 1 LOZENGES PO Q4H PRN FOR SORE THROAT	NR	21 Sep 2010
SERTRALINE HCL, 100 MG, TABLET, ORAL	Active	T1 TAB PO DAILY	NR	21 Sep 2010
TEMAZEPAM, 15 MG, CAPSULE, ORAL	Active	TAKE 1-2 CAP PO AT BEDTIME PRN INSOMNIA	2 of 2	21 Sep 2010
QUETIAPINE FUMARATE, 25 MG, TABLET, ORAL	Active	TAKE 1-2 TAB PO AT BEDTIME #30 RFO	NR	13 Sep 2010
SALICYLIC ACID, 17%, LIQUID, TOPICAL	Active	APPLY TO WART AT THE RIGHT HAND BID FOR UP TO 12 WEEKS #1 RFO	2 of 2	01 Sep 2010
Salicylic Acid 40%, Pad, Topical	Active	APPLY PATCH BID FOR UP NR 12 WEEKS		01 Sep 2010
Tri-Cyclen/Tri-Nessa/Tri-Sprintec Tablet Oral	Active	TAKE ONE TAB BY MOUTH ONCE DAILY, START ON 1ST SUNDAY AFTER ONSET OF MENSES #3 RF3	3 of 3	08 Apr 2010
NECON (NORETHINDRONE-ETHINYL ESTRAD), 1 MG-35MCG, TABLET, ORAL, WATSON LABS, 28 ea. BLIST PACK	Active		12 of 12	30 Aug 2009
ISOMETH-D-CHLORALPHENAZ-APAP (ISOMETHEPT/ACETAMINOP/DICHLPHN), 65-325-100, CAPSULE, ORAL, AMNEAL PHARMACE, 100 ea. BOTTLE	Active		5 of 5	30 Aug 2009
CEPHALEXIN (CEPHALEXIN MONOHYDRATE), 500 MG, CAPSULE, ORAL, TEVA USA, 500 ea. BOTTLE	Active		NR	03 May 2009
FEXOFENADINE HCL (FEXOFENADINE HCL), 180 MG, TABLET, ORAL, DR.REDDY'S LAB, 500 ea. BOTTLE	Active		1 of 1	03 May 2009
FLUTICASONE PROPIONATE (FLUTICASONE PROPIONATE), 50 MCG, SPRAY SUSP, NASAL, APOTEX CORP, 16 g AER W/ADAP	Active		1 of 1	03 May 2009
BUSPIRONE HCL (BUSPIRONE HCL), 10 MG, TABLET, ORAL, MYLAN, 100 ea. BOTTLE	Active		1 of 1	05 Jan 2009

Name/SSN: CHAJI, HOUDA	Sex: F	Sponsor/SSN: BELKHATIR, KHALID
FMP/SSN:	Tel H:	Rank: SPECIALIST
DOB: 08 Apr 1980	Tel W:	Unit: WJTEAA (0051 SC CO 51ST INT TRANS)
PCat: A41 USA FAM MBR AD	CS:	Outpt Rec. Rm:
MC Status:	Status:	PCM: ROBERTS,MICAH J
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LMP: 25 Jan 2010. Date Basis: unknown.

SO Note Written by TAYLOR, JACQUELINE @ 22 Sep 2010 0951 PDT

Chief complaint

The Chief Complaint is: PTSD and depression due to rape.

Reason for Visit

Follow-up.

Referred here

By Command [], Self [X], Emergency Department [], Medical [], Legal [], Other [].

History of present illness

The Patient is a 30 year old female.

She reported: No military service branch and status was not specified.

Patient reported she is unable to function at her normal level still. she reported she is still unable to sleep well, however, she did follow-up with her psychiatrist and her meds were changed again yesterday. Patient reported still having nightmares at times, is fearful, can't go outside and conduct household duties or cook. she reports memory loss (particularly with short term memory) and inability to concentrate. Patient's feelings regarding her rape was explored, and boundary setting was discussed. Cultural and religious issues regarding the rape came up. patient reported that she used to enjoy listening and reading the Koran, but is unable to due to feeling unclear. It was recommended for patient to visit a mosque this weekend and try to reconnect with primary source of strength and comfort in her life once again. patient reported she is unable to engage with her spouse, it was recommended for husband to join her at next week's session which she is in agreement with.

Visit related to Deployment No [X], Yes [], Details [].

Subjective

Limits of Confidentiality Reviewed with patient, patient verbally acknowledged understanding and signature obtained..

Physical findings

Judgment: Good [], Fair [], Poor [] --TREATMENT PLAN (JCAHO Std. PC.4.10) ~

Patient Strengths: Educated; Motivated for Treatment ~

Barriers to treatment: ~

Problem(s)-1.

PTSD due to rape

2. lack of sleep-Objective(s) (by problem number)-1.

reduce PTSD symptoms

2.

increase sleep-Interventions (by problem number) ~1.

exploring traumatic event

2.

coping skills and boundary setting and reconnecting with religion.

General appearance:

° Normal.

Neurological:

° No hallucinations.

Speech: ° Normal. ° Sufficient nonverbal communication skills were demonstrated.

Psychiatric Exam:

Appearance: • Tired.

Demonstrated Behavior: ° Behavior demonstrated no abnormalities.

Attitude: ° Not abnormal.

Mood: • Depressed. • Anxious.

Affect: • Full-ranging. • Sad. • Tearful.

Thought Processes: ° Not impaired.

Thought Content: ° Revealed no impairment. ° Insight was intact. ° No suicidal ideation. ° No suicidal plans. ° No suicidal intent. ° No homicidal ideations. ° No homicidal plans. ° No homicidal intent.

Spiritual assessment:

• Faith provides strength and comfort.

A/P Written by TAYLOR, JACQUELINE @ 22 Sep 2010 0956 PDT

1. POST-TRAUMATIC STRESS DISORDER

Procedure(s): -Social Work Individual Outpatient Counseling 45-50 Minutes x 1

Disposition Written by TAYLOR, JACQUELINE @ 22 Sep 2010 0956 PDT

Released w/o Limitations

Follow up: as needed. - Comments: in one week

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding.

Name/SSN:	HAJI, HOUDA	Sex:	F	Sponsor/SSN:	BELKHATIR, KHALID
FMP/SSN:		Tel H:		Rank:	SPECIALIST
DOB:	08 Apr 1980	Tel W:		Unit:	WJTEAA (0051 SC CO 51ST INT TRANS)
PCat:	A41 USA FAM MBR AD	CS:		Outpt Rec. Rm:	
MC Status:		Status:		PCM:	ROBERTS, MICAH J
Insurance:	No			Tel. PCM:	

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